

9-Hole Peg Test

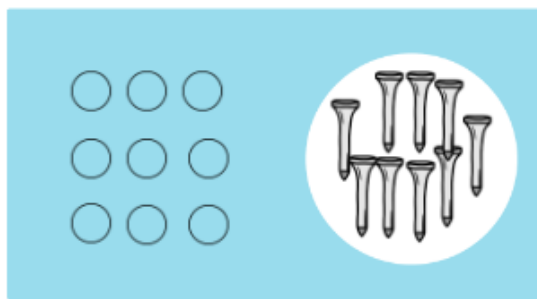
A Test to Evaluate Finger Dexterity

What's the purpose?

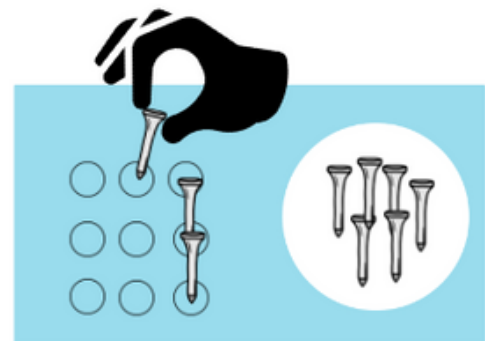
The 9-Hole Peg Test is used to evaluate finger dexterity -- or how well you can use your fingers -- in people with various neurological conditions including stroke, Parkinson's disease, multiple sclerosis and brain injury.

What do I have to do?

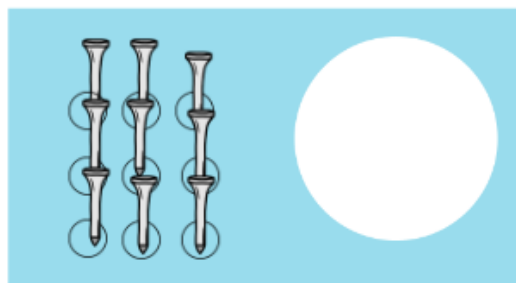
Your therapist will time you while you perform this test. The goal is to go as fast as possible while moving the pegs into and out of the holes on the board. You will do the test first with one hand, and then the other.



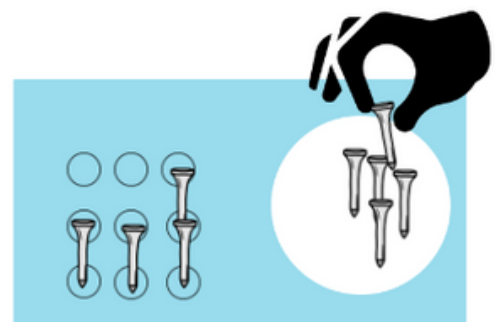
The pegboard will be placed directly in front of you on a table and all the pegs will be in the container.



Pick up the pegs one at a time using one hand and place them in the holes in any order until all the holes are filled.



All the pegs are in the holes.



Next, remove the pegs and place them back into the container one at a time. Your therapist will stop the clock once all the pegs are in the container.

What does my score mean?

The faster you are able to complete the task, the better you are at controlling your fingers.

Have a conversation with your therapist about what the results mean for you.

To see a full summary of this instrument and more, visit sralab.org/rehabilitation-measures.

Questions? Email rehabmeasures@sralab.org or call 312.238.2802

